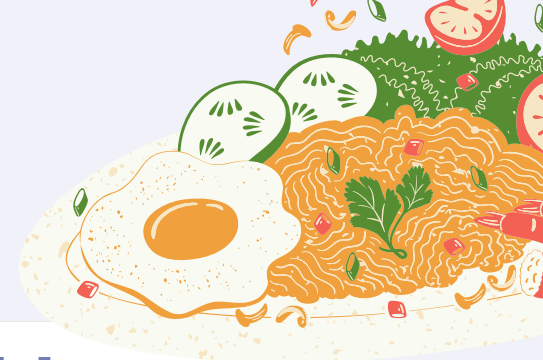
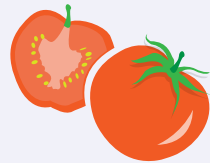
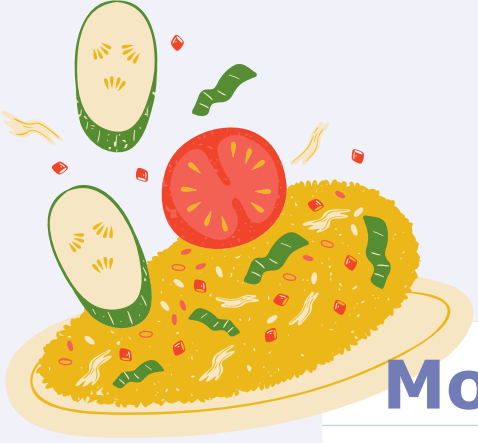


WEEKLY MENU

PRE-PREP & JUNIORS



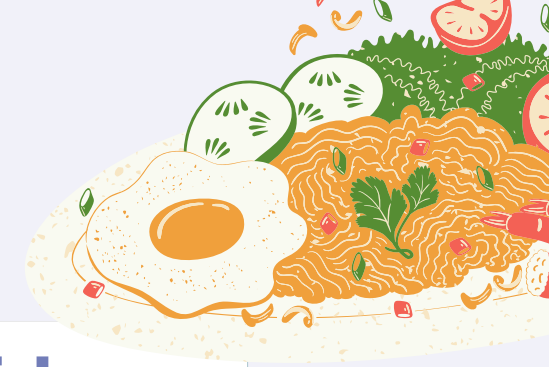
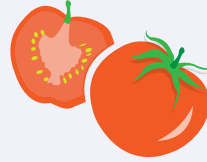
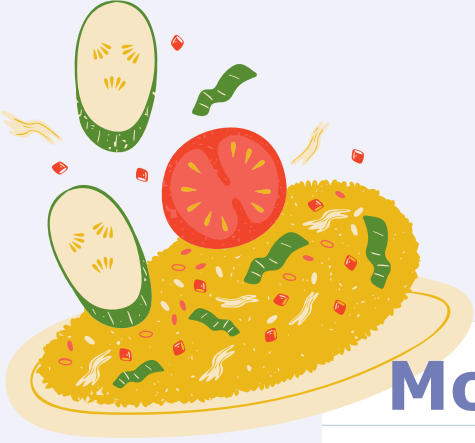
| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| <p>Soup Leek & Potato with Homemade Bread of the Day</p> | <p>Soup Cream of Squash with Homemade Bread of the Day</p> | <p>Soup French Onion with Homemade Bread of the Day</p> | <p>Soup Roasted Red Pepper with Homemade Bread of the Day</p> | <p>Soup Cream of Spinach with Homemade Bread of the Day</p> |
| <p>Main Dish Chilli Con Carne with Sour Cream, Guacamole & Nachos (GF,DF & HF available)</p> | <p>Main Dish Chicken, Tomato & Pesto Pasta (GF,DF & HF available)</p> | <p>Main Dish Margherita Pizza (GF,DF & HF available)</p> | <p>Main Dish Hunter Chicken Casserole (GF,DF & HF available)</p> | <p>Main Dish Cajun Pulled Chicken Bap (GF,DF & HF available)</p> |
| <p>Vegan/Veggie Main Dish Sweet Potato & Black Bean Chilli Carne with Sour Cream, Guacamole & Nachos (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Vegetable lasagna (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Gnocchi with Herb Sauce (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Spanish Omelette (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Mediterranean Vegetable & Halloumi Bap (GF,DF & HF available)</p> |
| <p>Side Dish & Salads Mexican Rice Warm Mexican Street Corn Salad Tomato Salsa Artisan Salad Bar</p> | <p>Side Dish & Salads Garlic Bread Peas Rocket & Parmesan salad Artisan Salad Bar</p> | <p>Side Dish & Salads Chunky Chips Sweetcorn Coleslaw Artisan Salad Bar</p> | <p>Side Dish & Salads Crushed New Potatoes Sauteed Broccoli with Garlic Artisan Salad Bar</p> | <p>Side Dish & Salads Oven Baked Wedges Baked Beans Peas Artisan Salad Bar</p> |
| <p>Pudding Berry Fool with Crispy Meringue Topping Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> | <p>Pudding Iced Vanilla Sponge Whole Fruit Mixed Fruit Yoghurt Pots (Vegan, DF and GF available)</p> | <p>Pudding Chocolate Brownie Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> | <p>Pudding Banana Cake Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> | <p>Pudding Selection of Jelly Pots Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> |



For weeks commencing: 23 April, 12 May, 9 June, 30 June

WEEKLY MENU

PRE-PREP & JUNIORS



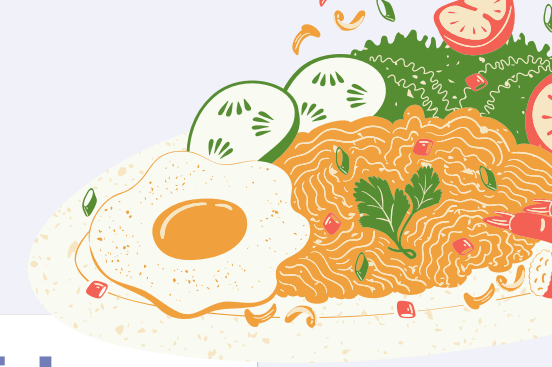
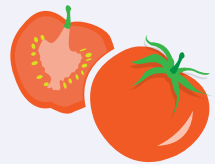
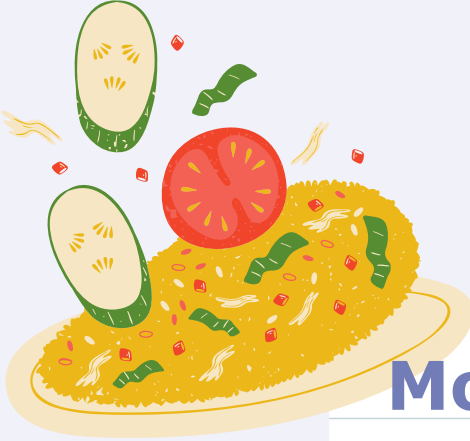
| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>Soup Carrot & Coriander with Homemade Bread of the day</p> | <p>Soup Spiced Lentil with Homemade Bread of the day</p> | <p>Soup Broccoli & Kale with Homemade Bread of the day</p> | <p>Soup Mushroom & Tarragon with Homemade Bread of the day</p> | <p>Soup Cream of Tomato with Homemade Bread of the day</p> |
| <p>Main Dish BBQ Pulled Chicken Mac "n" Cheese (GF,DF & HF available)</p> | <p>Main Dish Pork Enchilada Pie with Sour Cream and Guacamole (GF,DF & HF available)</p> | <p>Main Dish Chicken and Chorizo Paella (GF,DF & HF available)</p> | <p>Main Dish Beef Lasagna (GF,DF & HF available)</p> | <p>Main Dish Cumberland Pork Sausage (GF,DF & HF available)</p> |
| <p>Vegan/Veggie Main Dish Crispy Onion Mac "n" Cheese (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Vegan Soya & Black Bean Crispy Taco with Sour Cream and Guacamole (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Butternut Squash Risotto (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Aubergine Parmigiana (GF,DF & HF available)</p> | <p>Vegan/Veggie Main Dish Vegetarian Sausage (GF,DF & HF available)</p> |
| <p>Side Dish & Salads Garlic Bread Green Vegetable Medley Artisan Salad Bar</p> | <p>Side Dish & Salads Tomato Rice Mexican Corn Tomato Salsa Artisan Salad Bar</p> | <p>Side Dish & Salads Vegetable Medley Artisan Salad Bar</p> | <p>Side Dish & Salads Garlic Bread Sweetcorn & Peas Artisan Salad Bar</p> | <p>Side Dish & Salads Chunky Chips Baked Beans Peas Artisan Salad Bar</p> |
| <p>Pudding Vanilla Shortbread Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> | <p>Pudding Black Forest Cake Prepared Fruit Pots Whole Fruit Mixed Fruit Yoghurt Pots (Vegan, DF and GF available)</p> | <p>Pudding Carrot Cake with Cream Cheese Frosting Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> | <p>Pudding Oaty Apricot Crumble with Cream Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> | <p>Pudding Selection of Jelly Pots Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)</p> |



For weeks commencing: 28 Apr, 19 May, 16 June

WEEKLY MENU

PRE-PREP & JUNIORS



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| Soup Pea & Mint with Homemade Bread of the day | Soup Tomato & Basil with Homemade Bread of the day | Soup Sweet Potato with Homemade Bread of the Day | Soup Spiced Carrot & Lentil with Homemade Bread of the day | Soup Country Vegetable with Homemade Bread of the day |
| Main Dish Chicken Rogan Josh with Mango Chutney & Raita (GF,DF & HF available) | Main Dish Giant Sausage Wellington (GF,DF & HF available) | Main Dish Southern Fried Chicken (GF,DF & HF available) | Main Dish Beef Bolognese (GF,DF & HF available) | Main Dish Fish & Chips with all the Trimmings (GF,DF & HF available) |
| Vegan/Veggie Main Dish Vegetable Dhansak with Mango Chutney & Raita (GF,DF & HF available) | Vegan/Veggie Main Dish Roasted Summer Vegetable & Feta Quiche (GF,DF & HF available) | Vegan/Veggie Main Dish Summer Risotto Stuffed Peppers (GF,DF & HF available) | Vegan/Veggie Main Dish Mushroom & Pepper Soya Bolognese (GF,DF & HF available) | Vegan/Veggie Main Dish Crispy Breaded Vegan Fillet (GF,DF & HF available) |
| Side Dish & Salads Basmati Rice Naan Bread Saag Aloo with Roasted Gobi Artisan Salad Bar | Side Dish & Salads Roasted New Potatoes Sautéed Broccoli Glazed Carrots Gravy Artisan Salad Bar | Side Dish & Salad Crushed Potatoes Shredded Cabbage Roasted Corn Gravy Artisan Salad Bar | Side Dish & Salads Penne Pasta Sweetcorn Peas Garlic Bread Artisan Salad Bar | Side Dish & Salads Chunky Chips Baked Beans Mushy Peas Artisan Salad Bar |
| Pudding Blueberry Cake Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available) | Pudding Banoffee Pie Prepared Fruit Pots Whole Fruit Mixed Fruit Yoghurt Pots (Vegan, DF and GF available) | Pudding Lemon Drizzle Cake Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available) | Pudding Berry Cheesecake Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available) | Pudding Selection of Jelly Pots Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available) |



For weeks commencing: 5 May, 2 June, 23 June